

What is an Echocardiogram?

An echocardiogram is a specialized ultrasound to evaluate your heart. Ultrasound is a safe and painless way of visualizing structures inside the body using sound waves. Ultrasound or sonography uses a small transducer or probe and a gel that is applied to your skin.

claustrophobia, please discuss this with your physician prior to your appointment.

HOW TO PREPARE FOR AN ECHOCARDIOGRAM

To prepare for your exam, please:

- Wear loose fitting, comfortable clothing that is free of metallic items such as zippers or snaps. You may be asked to change into a gown.
- Arrange for someone to watch your children in the Waiting Room during your exam; you may not bring children into the exam room.

The technologist will be happy to answer all of your questions before your exam.